

October 5 Beef Barley Soup Tuna Salad with lettuce leaf Croissant Carrot Raisin Salad Mandarin Oranges	October 6 Chicken Cobb Salad with Blue Cheese Dressing Pasta Salad Carrot Raisin Salad Fresh Pear	October 7 Waldorf Chicken Salad Croissant Pickled Beet Salad Cinnamon Apples Fresh Banana	October 8 Turkey with Swiss with lettuce leaf Whole Grain Wrap Tropical Fruit Salad Pickled Beet Salad Sugar Cookie	October 9 Greek Salad with Breaded Chicken Strip and Greek Dressing Tropical Fruit Salad Pasta Salad Fresh Apple
October 12 Seafood Salad Croissant Carrot Raisin Salad Mandarin Oranges Vanilla Ice Cream	October 13 Italian Hoagie with lettuce and tomato Hoagie Roll Pepper Slaw Cinnamon Apples	October 14 Beef Vegetable Soup Turkey with Swiss with lettuce leaf Whole Grain Wrap Three Bean Salad Mandarin Oranges	October 15 Ham Salad with lettuce leaf Croissant Carrot Raisin Salad Tropical Fruit Salad Sugar Cookie	October 16 Chicken Caesar Salad with Breaded Chicken Strips and Caesar Dressing Macaroni Salad Fresh Orange
October 19 Turkey with Provolone with lettuce leaf Cottage Cheese with AB Pepper Slaw Whole Grain Bread Fresh Orange	October 20 Chicken Craisin Salad Croissant Fresh Romaine with Italian Dressing Chocolate Pudding Fresh Clementine	October 21 Ham, Turkey, Swiss with lettuce leaf Whole Grain Bread Peaches Broccoli Salad Fresh Banana	October 22 Ham and Bean Soup Chef Salad and Ranch with Ham, Turkey, Cheese Macaroni Salad Fruit Cocktail Fresh Orange	October 23 Chicken Salad Croissant Pickled Beet Salad Mandarin Oranges Sugar Cookie
October 26 Ham Salad Whole Grain Bread Carrot Raisin Salad Banana Pudding Fresh Orange	October 27 Italian Hoagie with lettuce and tomato Hoagie Roll Creamy Cole Slaw Mandarin Oranges	October 28 Turkey with Provolone with lettuce leaf Cottage Cheese with AB Pepper Slaw Whole Grain Bread Fresh Orange	October 29 Beef Vegetable Soup Tuna Salad with lettuce leaf Whole Grain Wrap Three Bean Salad Mandarin Oranges	October 30 Crispy Chicken Salad with cheddar cheese with Ranch Dressing Mandarin Oranges Pepper Slaw Dinner Roll