



STEP Head Start

POSITIVE BEHAVIOR INTERVENTIONS & SUPPORTS (PBIS)



PBIS is a way for STEP Head Start to encourage *Safe, Kind, and Responsible* behavior.

PBIS is for everyone:

◆ *Children* ◆ *Families* ◆ *Staff* ◆



Build Positive Relationships

The foundation of PBIS is positive relationships. We want to build positive relationships with:

- Children
- Families
- Staff



Design a Supportive Environment

We want to design an environment that supports children. Some ways include:

- Picture schedules
- Offering choices
- Positive interactions
- Schedules/Routines
- Clear expectations
- Rewarding positive behavior



Teach Social Emotional Skills

We teach children to express their feelings in appropriate ways. We teach them:

- Feeling words
- Friendship skills
- Anger coping skills:
 - Deep breathing
- Problem solving skills



Intensive Individual Interventions

For children who may need extra help, we can provide individualized support.



Program-Wide Expectations

PBIS "Bee" Rules:

Be Safe *Be Kind*
Be Responsible

These are expectations for everyone. When children are caught being safe, kind, and responsible at Head Start, they earn bees for their beehive.



PBIS at Home!

Early Head Start: Infants

- Talk and sing to your infant.
- Respect your infant's cues.
- Hold your infant to give comfort, closeness, and warmth.

Early Head Start: Toddlers

- Provide toys that involve all senses.
- Use a visual schedule.
- Talk and sing.
- Give them something to hold when changing them.

Head Start: Preschool

- Develop home rules.
- Use beehive and bees when your child is safe, kind, and responsible.
- Read stories.

All Children:

- Borrow books from our PBIS Family Library and virtual library at www.stepcorp.org/pbis/virtual-pbis-family-library.html
- Visit the PBIS at Home section of our website at www.stepcorp.org/PBISatHome

The mission of PBIS is to support children, families, and staff in building positive relationships.