



# April 2026

**Meck**  
**Center for Healthy Aging**  
**570-601-9593**

Monday	Tuesday	Wednesday	Thursday	Friday
Come eat lunch with us! Lunch served daily at 11:30am Call to reserve a meal!		1 10:00am Cards/ Puzzles 12:30pm Mahjong	2 10:00am Cards/ Puzzles 12:30pm Bingo	3 CENTER CLOSED GOOD FRIDAY
6 10:00am Cards/ Puzzles 12:30pm Tai Chi	7 9:00am ZUMBA Gold 12:30pm Macrame Coaster Craft	8 10:00am Cards/ Puzzles 12:30pm Mahjong	9 10:00am Cards/ Puzzles 12:30pm Bingo	10 11:30am Scams Program Lunch and Learn
13 10:00am Cards/ Puzzles 12:30pm Tai Chi	14 9:00am ZUMBA Gold 10:00am Cards/ Puzzles	15 10:00am Cards/ Puzzles 12:30pm Mahjong	16 10:00am Cards/ Puzzles 12:30pm Bingo	17 10:00am Cards/ Puzzles 12:30pm Games
20 10:00am Cards/ Puzzles 12:30pm Tai Chi	21 9:00am ZUMBA Gold 10:00am Cards/ Puzzles	22 10:00am Cards/ Puzzles 12:30pm Mahjong	23 12:30pm Grocery Bingo	24 10:00am Cards/ Puzzles 12:30pm Games
27 10:00am Cards/ Puzzles 12:30pm Tai Chi	28 9:00am ZUMBA Gold 1:00pm Volunteer Luncheon	29 10:00am Cards/ Puzzles 12:30pm Mahjong	30 10:00am Cards/ Puzzles 12:30pm Bingo	