



March 2025

Renovo
Center for Healthy Aging
570-923-2525

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>9:00 Senior Strength 12:00 Games</p>	<p>4</p> <p>12:00 Games 2:00 Zumba Gold</p>	<p>5</p> <p>9:00 Senior Strength 12:00 Games</p>	<p>6</p> <p>12:00 Games 2:00 Zumba Gold</p>	<p>7</p> <p>12:00 Games</p>
<p>10</p> <p>9:00 Senior Strength 12:00 Games</p>	<p>11</p> <p>12:00 Games 2:00 Zumba Gold</p>	<p>12</p> <p>9:00 Senior Strength 12:00 Games</p>	<p>13</p> <p>12:00 Games 2:00 Zumba Gold</p>	<p>14</p> <p>12:00 Games</p>
<p>17</p> <p>9:00 Senior Strength 12:00 Games</p>	<p>18</p> <p>12:00 Games 2:00 Zumba Gold</p>	<p>19</p> <p>9:00 Senior Strength 12:00 Games</p>	<p>20</p> <p>12:00 Games 2:00 Zumba Gold</p>	<p>21</p> <p>12:00 Games</p>
<p>24</p> <p>9:00 Senior Strength 12:00 Games</p>	<p>25</p> <p>12:00 Games 2:00 Zumba Gold</p>	<p>26</p> <p>9:00 Senior Strength 12:00 Games</p>	<p>27</p> <p>12:00 Games 2:00 Zumba Gold</p>	<p>28</p> <p>12:00 Painting with Mary</p>
<p>31</p> <p>9:00 Senior Strength 12:00 Games</p>				<p>Come eat lunch with us! Lunch served daily at 11:30am Call to reserve a meal!</p>