



# April 2026

Riverwalk Center  
Center for Healthy Aging  
570-601-9592

| Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|--|--|--|---|--|
| Come eat lunch with us!<br>Lunch served daily at<br>11:30am<br>Call to reserve a meal! |  | 1<br>CENTER<br>CLOSED<br><br>(Bus Trip)  | 2<br>10:00 Drawing w/ George<br>11:30 Lunch & Learn<br>"End of Life Planning"<br>w/ Janet Santini<br>1:00 Bingo | 3<br>CENTER<br>CLOSED<br><br>GOOD FRIDAY         |
| 6<br>9:00 Woodcarving<br>10:00 HSIM<br>(Sign-Ups Required)                             | 7<br>9:00 Iphone Class<br>10:30 Chair Yoga– Virtual<br><br>1:00 Get the Dirt on<br>Gardening   | 8<br>9:00 Cards/Pinocle<br>10:00 HSIM<br>(Sign-Ups Required)<br>11:30 Lunch & Learn<br>Financial Clutter & Declutter<br>w/ Lauri Welch | 9<br>10:00 Drawing w/ George<br><br>1:00 Bingo  | 10<br>10:30 Chair Yoga– Virtual                  |
| 13<br>9:00 Woodcarving<br>10:00 HSIM<br>(Sign-Ups Required)                            | 14<br>10:30 Chair Yoga– Virtual<br>11:30 Lunch&Learn "25 Ways to<br>Stay Healthy" w/David Belloma<br>1:00 Get the Dirt on<br>Gardening | 15<br>9:00 Cards/Pinocle<br>10:00 HSIM<br>(Sign-Ups Required)<br>1:30 Country Line Dancing   | 16<br>9:00 Iphone Class<br>10:00 Drawing w/ George<br><br>1:00 Bingo  | 17<br>10:30 Chair Yoga– Virtual                  |
| 20<br>9:00 Woodcarving<br>10:00 HSIM<br>(Sign-Ups Required)                            | 21<br>9:00 Iphone Class<br>10:30 Chair Yoga– Virtual<br><br>1:00 Volunteer Luncheon  | 22<br>9:00 Cards/Pinocle<br>10:00 HSIM<br>(Sign-Ups Required)<br>1:30 Country Line Dancing   | 23<br>10:00 Drawing w/ George<br>11:45 Blood Pressure Screening<br>w/ Rachel Hutchinson<br>1:00 Bingo           | 24<br>10:30 Chair Yoga– Virtual<br><br>1pm CRAFT |
| 27<br>9:00 Woodcarving<br>9:00 Iphone Class<br><br>10:00 HSIM<br>(Sign-Ups Required)   | 28<br>10:30 Chair Yoga– Virtual<br><br>1:00 Get the Dirt on<br>Gardening   | 29<br>9:00 Cards/Pinocle<br>10:00 HSIM<br>(Sign-Ups Required)<br>1:30 Country Line Dancing   | 30<br>10:00 Drawing w/ George<br><br>1:00 Bingo   |  |